



To conserve water, please remember to turn off the faucet while you brush.



Brush & Floss twice a day just like Ribby to keep your teeth healthy for life.



WEEK 1

| | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|----|--------|--------|---------|-----------|----------|--------|----------|
| AM | | | | | | | |
| PM | | | | | | | |

NAME:

WEEK 2

| | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|----|--------|--------|---------|-----------|----------|--------|----------|
| AM | | | | | | | |
| PM | | | | | | | |

AGE:



THE PROGRAM

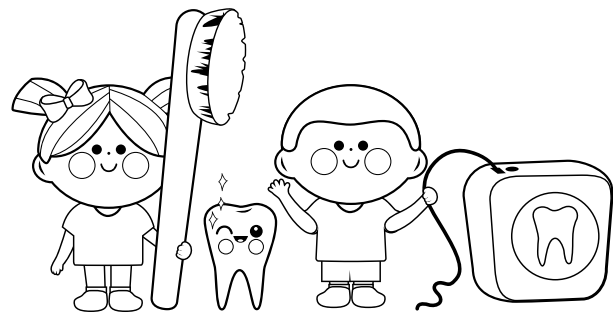
Brush & Floss with Ribby is a preventive oral healthcare program presented by Raynor Dental and the Keene SwampBats.

Brush & Floss with Ribby is for **children ages 3-8**, to help encourage them to consistently practice their brushing and flossing habits at home! In 2022 the program will run during the month of May.

All completed trackers must be returned by May 24th to receive a Ribby fun prize courtesy of Raynor Dental and a **family pass to a SwampBats game on July 9th.**

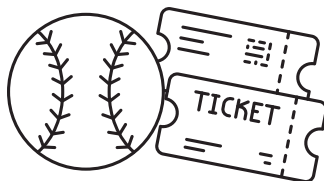
The Benefits of Participating

- Learning great health habits that will pay dividends for a lifetime.
- Being part of a community program that supports the **Keene SwampBats!**
- Clean teeth & healthy gums, just like Ribby.



Rewards for Completing the Program

- A Ribby fun prize courtesy of Raynor Dental.
- A **family pass to the Brush & Floss with Ribby and Raynor Dental SwampBats game on Saturday, July 9th.**
- The opportunity to take part in the kids parade during the game at Alumni Field.



How to Use the Tracker

The Tracker must be used by the child for two consecutive weeks to complete the program. Brush and floss in the morning, and color the correct day in the top row! Then brush and floss in the evening, color in the bottom row! All days need to be colored-in to complete the program.

Submitting the Tracker Online

- Snap a photo of the completed tracker.
- Upload it along with your contact info to **ribby@raynordental.com**

For questions about Brush & Floss with Ribby or to learn more about Raynor Dental, please contact us at **603-352-0006** or by email at **ribby@raynordental.com**. Brush & Floss with Ribby is NOT a school sponsored program.